

WHOLE-SELF PLE STORY OUTLINE



Jon RG & Troya GN Turner

WHOLE-SELF DISCOVERY & DEVELOPMENT INSTITUTE, Inc. INTERNATIONAL



W-SDDI

The Institute for Whole-Self Prebirth Psychology

Training Material for Students ONLY

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Jon RG & Troya GN Turner,
Co-Founders & Co-Directors.

Waterrad 92, 1613 CR Grootebroek,
The Netherlands,
Email: Whole-Self@quicknet.nl

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Jon RG & Troya GN Turner, Co-Founders & Co-Directors

Waterrad 92, 1613 CR Grootebroek, NL

Tel: (31) 228 513 630

Email: Whole-Self@quicknet.nl

International Medical Director: Dr. Ruth Medvedovsky

Website: www.Whole-Self.info or www.Whole-Self.org.uk

UK Co-Director: Michael Reginald Whitley

Germany Co-Director: Sigrid Westermann

Greece / Cyprus Co-Director: Olga Gouni

Italy / Serbia / Croatia Co-Director: Smilja Janjatovic Pugliesi

Mexico Co-Director: Maria de Leon

Venezuela: Patricia Castillo

WHOLE-SELF PLE STORY OUTLINE© 2013

Please write a creative story about this PLE experience
adding more details which come to it!

- 1) My selected thought/pattern is _____
- 2) The feeling I am working on is _____
- 3) I feel it in my (*Part of your body*) _____
- 4) In that PLE I am a Female / Male (*Circle*) 5) The Year is _____
- 6) My age is ____ 7) My name is _____
- 8) I live at/in (*Place*) _____. 9) I am a (*Work*) _____
- 10) The story about me in that life is _____

- 11) I feel about that life _____
- 12) I feel about myself in that life _____
- 12a) Familiar Feelings about my present life? Yes/No?
- 12a) Familiar Feelings about myself. Yes/No?
- 13) The person closest in that life is _____
- 13a) In that life, the relationships is (*Quality*) _____
- 13b) I recognize the eyes or vibration of that person as _____ in this life.
- 13c) In this life I understand why relationship with that person is _____

14) Just before the event/incident occurs, I am at/in _____

14a) I am feeling _____

14b) When (*What Happens*) _____

14c) My reactions are _____

14d) These are familiar diminishing reactions or feelings in my present life.
YES/NO?

15) My diminishing self-judgments are: (Circle applicable words.)

unlovable unimportant unfulfilled unworthy worthless
unacceptable unsupportable not good enough inferior inappropriate
guilty bad wicked terrible horrible dirty disgusting despicable
dumb stupid inept incapable incompetent incomplete inadequate
insecure helpless hopeless powerless

15a) These are familiar diminishing self-judgments in my present life.
YES/NO?

16) My diminishing decisions in that life are _____

16a) These are familiar diminishing decisions in my present life.

17) The Antagonist/s in that life is/are (*Names / Roles*)

17a) Who (*Actions*)

17b) If there is recognition of the antagonist/s, do I recognize the eyes or vibration of the antagonist/s as (Names)

17c) I now understand why I feel _____ with that person/s in this life.

18) CHOOSE: A) The death of *the person I am in that life* is the experience.

Or B) Death takes place later in life when I am aged _____

18a) I am at/in _____

18b) Before the event/death, *the person I am in that life* is feeling _____

_____ In either case, when I die I feel *Pain/No Pain?*

18c) At death, I have made *diminishing self-judgments* (See above in 15)).

18d) My *diminishing decisions* were _____

19) I taught the person I am in **that life** _____

20) Our *dialogue* covers _____

21) My Whole-Self wants me *to know* _____

22) I gave (*Gift*) _____ symbolizing _____

22a) I received _____ symbolizing _____

23) Bringing **Radiance/Light** into my body I felt/sensed _____

24) Sending **Radiance/Light** to (*Name*) _____ I felt/sensed _____

25) From this W-S PLE, I *understand* (What?) _____
_____ about my life.

26) I can now *change* these patterns *by* (Doing what?) _____

WHOLE-SELF PLE INTEGRATION

< In a individual session those Q are asked following Q 31.
>>> In a **group** these two questions are after sharing the **Whole-Self Story Outline**.

32) Please allow your **Whole-Self** to let you experience:

How does this **W-S Past Life Echo** help me to understand the problems
& feelings with which I started this experience? _____

This **W-S Past Life Echo** helps me to understand (What?)

33) Please allow your **Whole-Self** to let you experience:

How does this **Past Life Echo** assist you to change these feelings,
behaviors, self-judgments & decisions? _____

This **W-S Past Life Echo** assists me to change (What?)

by (Doing what?) _____

!!! Please, thank your **Whole-Self** for having served your today !!!

Number 1 Whole-Self Principle says:

I CANNOT CHANGE SOMETHING I MY LIFE
UNTIL I KNOW PRECISELY
WHAT NEEDS TO BE CHANGED !

In this **WHOLE-SELF PLE**, I have discovered what I need to change & how to change it.

I have discovered that:

- * Death is not painful.
- * I was born with that personality's charged trance patterns.
- * I now recognize how the unresolved patterns
from that **Past Life Dimension** have affected my present life.
- * I have de-hypnotized that personality hologram & myself
from the belief that those events were still happening.
- * I have released both, the former personality & myself

from those **diminishing feelings, self-judgments & decisions.**

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This **W-S Past Life Echo** gives me very good reason to **dissolve** as many of  
my **present life unresolved diminishing reactions, emotions,**  
**feelings, patterns, decisions & self-judgments** as I can  
so as not to have to keep repeating them  
in my present or future **Life's Streams of Consciousness©.**

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If I choose not to dissolve my patterns by suppressing them,
the **Non-Judgmental, Gentle, Beneficent, Loving - Law of Karma**
gives me a chance to **"TRY IT AGAIN!"** whenever I **want or need** to do so!

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We welcome any case histories by post or Email to the **W-SDDI, Inc.** at the address listed at the beginning of this script for distribution to other Whole-Self Facilitators.

In Europe contact Turner's above.  
For specific countries visit [wholeselfprebirthpsychology.wordpress.com](http://wholeselfprebirthpsychology.wordpress.com)



Much Peace & Much Love!  
Jon RG & Troya GN Turner, W-SDDI