

WHOLE-SELF
PREBIRTH ANALYSIS
MATRIX (PAM)©



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WHOLE-SELF DISCOVERY & DEVELOPMENT INSTITUTE, Inc. INTERNATIONAL

W-SDDI

The Institute for Whole-Self Prebirth Psychology

Training Material for Students ONLY
PAM for Group Work (answer sheet)



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[illegible]

1) Specific question #1:

(Father's inner feelings?) (Vs F)

2) Specific question # 2:

(Father > mother?) (V>M)

3) Specific question # 3:

(Mother's inner feelings?) (MsF)

4) Specific question # 4:

(Mother > father?) (M>V)

5) Specific Question #5:

(Sperm's feelings?) (SpF)

6) Specific Question #6:

(Egg's feelings?) (EF)

7) Specific question #7:

(Egg sees sperm?) (E Sees)

7a) Specific question #7a:

(Sperm sees egg?) (Sp Sees)

8) Specific question #8:
(Egg engulfed?) (Eng)

9a) Specific question #9a:
(Conception?) (Concp)

**9b) The next specific question
#9b has two parts:**
(Sperm's conception?)(SpC)

before_____

At the moment

9c) Specific question #9c (2 parts):

(Egg's conception?) (0 conc)

before_____

At the moment

10) Specific question # 10:

(Popping?) (POP)

Specific question # 10a:

(Floating?) (Flt)

Specific question # 10b:

. (Anchoring?) (Anc)

Specific question # 10c:

- A. Choose where to land? ->where?
- B. Land in a random way?
- C. Get sucked into a particular place?

11) Specific questions #11:

(Mother's react to pregnancy?) (Ms React)

11a) Specific question # 11a:

(Father's react to pregnancy?) (Vs React)

11b) Specific question # 11b:

(Mother's react to Father's react?) (Ms >Vs)

Mother's Whole-Self PAM Trauma Story©2013

1) In the ____ month of her pregnancy, 2) Mother is at/in

3) Before the trauma pattern locks into her, she is feeling

4) When (event or continuing circumstance)

5) Mother's Physical, Mental, Emotional feelings change to

6) These are / are not Familiar Reactions in my life. (Circle which)

7) Mother's Self-judgment words were: (Circle the words which apply)

Unlovable Unimportant Unfulfilled Unworthy Worthless Unacceptable,
Unsupportable Not Good Enough Inferior Inappropriate Irresponsible
Guilty

Bad Wicked Terrible Horrible Dirty Disgusting Despicable

Dumb Stupid Inept Incapable Incompetent Inadequate Incomplete

Unrecognized Insecure Helpless Hopeless Powerless

8) These are / are not familiar self-judgments in my own life. (Circle which)

9) Mother's decision/decisions or conclusions about herself or her life were

10) These are / are not familiar decision/decisions or conclusions in my own life.

11) (Name)_____ generates the same patterns in me as (name)_____ did in mother.

12) The event or circumstance was / was not resolved for mother.
(Circle)

12a) It was resolved for mother

12b What happens next

13) From this story, I have learned from my **Whole-Self** that

13) Specific question #13:

(Place?) (PL)

13a) Specific question #13a:

(Feelings before 1st Contraction?) (F bef)

13b) Specific question #13b:

(1st contraction?) (1st C)

13c) Specific question #13c:
(Self-judgments?) (SJ)

Just circle those which apply.)

Unlovable Unimportant Unfulfilled Unworthy Worthless
Unacceptable Unsupportable Not Good Enough Inferior
Inappropriate Irrresponsible Guilty Bad Wicked Terrible
Horrible Dirty Disgusting Despicable Dumb Stupid Inept
Incapable Incompetent Incomplete Inadequate
Unrecognized Insecure Helpless Hopeless Powerless

13d) Specific question #13d:
(Familiar Self-judgments?) (F SJ)

13e) Specific question #13e:
(Mother's Decision?) (MD)

13f) Specific question #13f:

(Familiar Decisions (FD))

13g) Specific question #13g:

(Familiar Reactions?) (FR)

14) Specific question # 14:

(My consciousness before birth?) (C bef)

14a) Specific question # 14a:

(1st Breath?) (1stB)

(1st Abuse?) (1stA)

14b) Specific question # 14b:

(First thought?) (1st T)

14c) Specific question # 14c:

(My feelings connected to mother?) (Con>M)

14d) Specific question # 14d:

(Cord cut?) (Cut)

14e) Specific question # 14e:

(Familiar Feelings?) (FF)

14f) Specific question # 14f:

(If male circumcised?) Yes? No? More info?

(Else?)

15) Specific question #15:

(Who placed with?) (Placed)

16) Specific question #16:
(My (cot) crib feelings?) (Cot)Crib)

16a) Specific question #16a:
(Familiar Feeling? YES OR NO? (FF)

16b) Specific question #16b:
(My emotional needs?)(Needs)

16c) Specific question #16c:

(My needs met?) (N met) Yes? No? Circle

16d) Specific question #16d:

(Needs today) (Today) Yes? No? Circle

16e) Specific question #16e:

(Self-judgments)(SJs)

Circle or write those which apply'

Unlovable Unimportant Unfulfilled Unworthy Worthless
Unacceptable Unsupportable Not Good Enough Inferior
Inappropriate Irresponsible Guilty Bad Wicked Terrible Horrible
Dirty Disgusting Despicable Dumb Stupid Inept Incapable
Incompetent Incomplete Inadequate Unrecognized Insecure
Helpless Hopeless Powerless

16f) Specific question #16f:

(Familiar Judgments? (FJ) Yes? No?

16g) Specific question #16g:

(Infant Decisions) & (Infantile Decisions) (Dec)

16h) Specific question #16h:

(Familiar Decisions) (FD) Yes? No?

16i) Specific question #16i:

(Else)

17) Specific question #17:

(Food?)

17a) Specific question #17a:

(1st feeding)

17b) Specific question #17b:

(1st Feeder)

17c) Specific question # 17c:

(Weaned?)

18) Specific question #18:

(My instant emotional react with, for, or against mother) (React > M)

18a) Specific question #18a:

(My Contract > mother?)(C>M)

19) Specific question #19:

(Mother's instant emotional reaction with, for, or against me?) (MR>me)

19a) Specific question #19a:

(Mother's contract with for or against me?) (MC>me)

20) Specific question #20:

(My instant emotional reaction with, for, or against father?) (MR>me)

20a) Specific question # 20a:

(My Contract with, for, or against father?) (C>V)

21) Specific question #21:

(Father's instant emotional reaction with, for, or against me?) (VR>me)

21a) Specific question #21a:

(Father's contract with, for, or against me?) (VC>me)

22) Specific question #22:

(My Life purpose?) (Purp)
